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The Young Theatre Festival

Bale/Valle
Hrvatska/Croatia
21.-27. September 2025.



Sveučilište
u Splitu
University
of Split



Sveučilište
Sjever



The Young Theatre Festival in Bale

is an international artistic and scientific event that supports the idea that new comprehension from all spheres of sciences and arts, refines and adapts to the spirit of the time in which it has been created, transforming us at the same time.

The purpose of Young Theatre Festival, whose organizers, led by the Academy of Art and Culture in Osijek, Josip Juraj Strossmayer University of Osijek, the University of Split, the University North, Croatian Art Therapy Association, the Municipality of Bale-Valle, TZ Bale-Valle, and Mon Perin d.d., promote and support young artists and their need to acquire, upgrade and improve knowledge and skills within workshops.

IDENTITY - is the topic of Young Theatre Festival in 2025; directing all participants to reconsider old and create new values and knowledge in the fields of theatre and visual arts, psychology, creative therapies and development, as well as in the field of cosmetic and food products



TRACT I: workshops for students of acting

MASTERCLASS IN CASTING

Anila Gajević

Led by wish to contribute to the development and affirmation of young artists in current society, as well as in film art, The Young Theatre Festival organises Masterclass of one of the most influential casting agents of Southeast Europe - Anila Gajević. Which is the role and function of casting agent? How to prepare your self for international casting market? How to present your self and your acting skills in a best way, and which is the shortest way of an actor to casting agent? Anila Gajević will answer to those, and many more questions!

Anila Gajević was born in Sarajevo in 1979, where she graduated Literatures of the Peoples of Bosnia and Herzegovina at the Faculty of Philosophy. Since 1998. She works as journalist and editor in leading B&H media like Federal TV and "Dnevni Avaz" where she spent last six years of her professional carrier as a journalist. In 2008. She funded "Zona", first casting agency in B&H that is currently respectable agency in South East Europe and broader. She is a winner of the „Lady Boss“ award, which is awarded by the B&H Society of Women Managers and "Lady of the Year" award which is awarded by the „Ladies In“ journal in 2017. As casting agent she worked on movies and TV series

including „Mission Impossible: Ghost Protocol“, „Snowpiercer“, „A Hidden Life“, „Zero Chill“, „Child 44“, «Jack Ryan», «Lee», «The Old Guard 2» (SAD), „Skyfall“, „The Last Christmas“, „Gangs of London“, „Strike Back“, «Before We Die» (England), „Venuto al mondo“, "Tutto il mio folle amore“, „Diva Futura“ (Italy), „In Order of Dissapearance“, „Welcome to Utmark“ (Norway), „Sultan Kosem“, „Ataturk“, «El Turco» (Turkey), „Tatort“ (Switzerland and Germany), „Spielmacher“, «Munich Games», «Crooks» (Germany), «Zillion», «The Chappel» (Belgium)... Prestigious journal „Screen International“ listed her in 2016 among leaders in movie industry. („Future Leaders: Agents“). She is a member of European Movie Academy and Association of Filmmakers of Bosnia and Herzegovina.



FREEDOM OF THE ACTOR

András Hatházi

Freedom of the actor. Is it possible to talk about performance in a sense that Marina Abramović articulated it in her Art Vital manifesto. This lecture will guide you through three terms of crucial importance for each performer - Identity, Freedom and Performance, and show you their interconnection.

András Hatházi, professor, actor, director, writer, play-writer. His research field is improvisation and the theory of acting. Currently teacher (prof. univ. dr. habil) at the Theater and Film Faculty of the Babeş-Bolyai University (Hungarian Theater Department) from Cluj-Napoca, Romania. Between 2011 and 2017, he was a lecturer (workshop leader) at the Dyoniz International Festival organized by the Art Academy from Osijek (Croatia). He played more than 100 roles in theater, cinema and TV plays, he directed several performances and films, wrote 3 books and has translated one, won more than 50 (national and international) prizes for his activity.



IDENTITY IN MOVEMENT AND DANCE

assist. prof. art. Sanela Janković, RDMP

Morning movement and dance workshops on the topic of identity will be focused on body and body self as first identity that one as an individual becomes aware. Somatic approach will be used to raise awareness of basic developmental patterns of movement that are present in our body memory using principles of R. Frank and I. Bartenieff, and then to develop those aspects of movement that are less present or attenuate those identified as present and empowering. The aim of this workshop is on awareness of body and movement patterns that we find easy to identify our selves with, and which are the part of our habitus, in listening authentic incentive towards



movement expression, as well as on creative answer on the topic of identity in various dimensions. After gaining the initial awareness of body, warm up and mobilisation of the body through series of functional exercises, workshops will encompass journey towards awareness and consciousness of one's own identity in multilayer sense. In creative process towards one's embodied sense of relation to its personal history, to present surrounding, to various life and professional roles, to cultural and national identity that we identify ourselves with, in a symbolic, associative and embodied way, participants of this workshop will explore their relationship towards the topic and find the correlation of topic and movement, express its important characteristics, by implementing aimed structures of dance improvisation that encourage further integration of the topic towards compositional summing up.

Sanela Janković, dance artist, certified movement and dance psychotherapist and assistant professor of art in the field of stage movement at the Academy of Arts and Culture in Osijek. She graduated from the university study of Contemporary dance at the London Contemporary Dance School at the University of Kent in

Canterbury, UK, and completed a four-year education in movement and dance psychotherapy according to the standards of the European Association Dance Movement Therapy EADMT. She participated in creation of the study program at the Postgraduate Specialist Study in Creative Therapy at the Academy of Arts and Culture in Osijek, which is the first such university study in Croatia and the wider region. She is the coordinator of the Movement and Dance Therapy course at the same Study, being in charge of Art Therapy courses, as well as the courses in Movement Analysis and Dance Improvisation at the MA Nonverbal Theatre and Acting. As a choreographer and a dancer, she performs her own choreographies at The Place Theatre, UK, Contemporary Dance Week in Zagreb, independent projects, and also collaborates on stage movement in plays at the Academy of Arts and Culture in Osijek and other theatres. She is one of the founders and president of the Croatian Association for Movement and Dance Psychotherapy HUPPP, a Croatian representative at the European Association Dance Movement Therapy EADMT and a member of UPUH, the professional association of Croatian dance artists. As one of the pioneers of movement

and dance psychotherapy in Croatia, she actively participates in numerous conferences and professional meetings, delivering lectures and organizing workshops for experts from related professions, promoting the therapeutic aspect of movement and dance art to a wider community.



INTRODUCTION INTO PLAYBACK TEATER

**Anamarija Vuić, mag. psych., mag.
art., lcat-lp**

Playback theatre is an original form of the improvisation theatre introduced in 1975 by Johnatan Fox and Jo Salas. As a part of the performance, members of the audience are shering stories from their lives, and than enyoj watching the

actors playing it as a scene. Technique is based on skills of active listening, empathy and creative expression, and represents unique form of story telling that encourages connection, reflexivity and brings up the feeling of togetherness. Through this workshop participant will be introduced with basics of Playback theatre and learn how to transform personal stories into improvised ones by using movement, voice, music and metaphores. Through practical exercise, participants will gain full untherstanding of this form, experiencejoy of playingand connection with others as well as develop deeper awareness of them selves an the other. This workshop will be focused on providing supportive environment for creativity, selfexpression and active participation in community. Prior acting experience is not prerequisites.

Anamarija Vuić cofounder active member of New York University Playback. She is a master of psychology and dramatherapy, and final year student in gestat therapy. She graduated dramatherapy at the New York University (NYU), where she won many prestigious scholarships. As research assistant at NYU Theatre & Health Lab, she led inovative projects that explore the role of dramatherapy as



intervention in people that are in risk to become homeless, as well as the way in which theatre can decrease prejudices in health system. She coordinated World Alliance of Dramatherapy and managed communications for the Drama Therapy Review journal. She is a member of North American Drama Therapy Association and American Psychotherapy Association. She participates in a work of team for crisis intervention of the Society for Psychological Assistance.



MUSICAL THEATRE
assoc. prof. Trent Blanton

If you can talk, you can sing and do musical theatre. This workshop integrates acting and musical skills through analysis of music and text, psychophysical acting exercises, and

musical voice training that is invaluable to every actor. We will build and expand on principals introduced to the workshop at last year's Festival this year. You can bring new material to work on, or we can help you find something new and inspirational. If you are new and curious about musical theatre, this workshop will work for you as well. No previous experience is necessary to be in this workshop; you only need a genuine curiosity about Musical Theatre and a desire to create joyful performances, no matter your experience level. This year's offering will offer additional coaching in singing technique.

Trent Blanton is an Associate Professor of Musical Theatre at East Carolina University. He is a member of Actor's Equity and the Society of Directors and Choreographers. Acting credits include roles at the Alliance Theatre, Actors Theatre of Louisville, Pittsburgh CLO, The MUNY, KC Starlight, Actors Playhouse, Forestburgh Playhouse, Ford's Theatre, York Theatre, Aurora Theatre, Passage Theatre, Actors Express, Horizon Theatre, Georgia Shakespeare & many others. He toured in the Broadway National Tour & Chinese premiere of Les Miserables with Colm Wilkinson. He has also appeared in commercials, print campaigns & industrial videos.

He has an MFA in Acting from Florida Atlantic University, where he received the Joshua Logan Fellowship. He also has a Certificate in the Practical Study of the Michael Chekhov Technique from the Michael Chekhov Association. Trent is a member of the National Alliance of Acting Teachers. In addition, Trent is certified in Basic Life Support by the American Heart Association and is a Certified Nursing Assistant for the State of North Carolina. He is honored being a Guest Artist at the Arts Academies of the University of Osijek and the University of Split. Teaching in Croatia is one of the joys of his life!



TRACK II: workshops for students of theatre and visual arts

DISCOVERING THE UNNOTICEABLE, Art Workshop assoc. prof. art. Robert Geček, PhD

In a world that is rushing forward, details remain neglected, hidden in the shadows of everyday life, the world is woven from details that we rarely notice – traces of time on the facade of a building, a reflection in a puddle after rain, a shadow that momentarily creates a perfect composition. “Discovering the Unnoticeable” is a call to exploration, a visual hunt for hidden stories that surround us, in which ordinary moments become an inexhaustible source of inspiration. Through the lens of a mobile phone, we learn to see the world differently, discovering subtle textures, forgotten traces, reflections that tell stories and hidden compositions that are waiting to be noticed. But this is not just a search for visual fragments – this is a game of perception, an experiment with seeing and a personal dialogue with space. What we capture is not just a photograph – we use digital tools to transform these fragments



into artistically applied graphics, turning the invisible into the visible, the ephemeral into the permanent. There are no rules in this workshop, only curiosity and creative freedom. Technology serves us not only as a tool, but as a bridge between intuition and artistic expression and as a tool for discovering hidden worlds. Every texture becomes a canvas, every reflection a new dimension of reality. Whether you are an experienced artist or just exploring your visual language, join us in discovering what lies beneath the surface. Because art is everywhere – you just need to know how to see it.

Professor and head of the Multimedia Department at University North, he works tirelessly to bridge the gap between arts and technology. His passion and dedication to creating links between these two worlds inspires and motivates both fellow artists and future generations. His academic and artistic career represents a unique synergy. He combined his doctoral degree in the technical field at the Faculty of Graphics in Zagreb with his passionate devotion to arts. In his numerous exhibitions, such as the notable "RIO NUMBERS" exhibition in Rio de Janeiro, Robert Geček drew us into his world of discovering hidden details.

He encouraged students of Design studies to recognize the numbers in the photographs and then presented them with prints from the exhibition as a permanent reminder. This interaction between the artist and the audience not only enriched his works but also showed that art can have a deeper meaning when it is connected to the viewer. His position as an associate professor of art at the University North, as well as his current position of head of the Multimedia Department, shows his exceptional dedication to shaping and inspiring new generations of creative persons. His ability to successfully transfer his knowledge and passion for art and design is clearly reflected in his achievements with students, such as two Rector's Awards for the best student works and over 120 mentorships at undergraduate and graduate studies. In addition, his participation in numerous Erasmus+ exchanges and projects gives a sort of practical dimension to his mission. Through such projects, he creates bridges to the international artistic community, bringing together different cultures and creative visions. His expertise also extends to the role of reviewer in journals, study programmes and textbooks, as well as membership in organizational committees of conferences. This year he has become





a member of Carnet's working group for curriculum development within "e-university" project as an expert in the field of multimedia. In addition to all the above mentioned, Professor Robert Geček is not only the creator of art, but also the creator of the future of art. His artistic vision not only enriches the art scene, but also creates the foundations for further innovations. His legacy will be more than pictures; it will be a continuous inspiration for all those who want to recognize the power of connecting art and technology. Through his artistic and academic activities, he builds bridges that transcend the present moment and light the way to a better, more creative future.



CREATIVE WRITING Dragan Komadina

The aim of this workshop is to familiarize participants with the basics of dramaturgy and drama writing. During the workshop, they acquire skills of writing and conceptualizing a drama text. The goal is to make the participants capable to write drama texts on their own, and possibly guide them in their further education. All interested participants can take part in drama writing workshops. All participants will be dealing with their own texts. Finally, at the end of the workshop, chosen drama texts will be performed as a concert reading form. After a brief introduction to the basics of dramaturgy and elements of writing, participants will choose a topic that will refer to the topic of the Young Theater Festival: IDENTITY, and start on creating their own text, with continuous guidance, counseling, monitoring and support by the workshop mentor

Dragan Komadina (Mostar, 1974.) is a playwright, a drama pedagogue and a screenwriter. He is the author of a number of drama texts (Ravna ploča, Drang nach Westen, Dust Killer, Ajmo na fuka...) which were produced in the theaters in Sarajevo, Zenica and Mostar. As a playwright, he collaborated with



many directors (Dino Mustafić, Selma Spahić, Scott Fielding, Lajla Kaikčija, Ivan Leo Lemo). For his writing and drama achievements in theater, he has been awarded at numerous festivals (Kazališne Igre Jajce, BiH Drama Festival Zenica, Meetings of the Brčko Theater). He directed and wrote the screenplay for several documentaries, of which the one about the poet and academician Veselko Koroman should definitely be singled out. He is associate professor at the Dramaturgy Department at the Academy of Performing Arts in Sarajevo, and an artistic advisor at the Croatian National Theater in Mostar.



LIGHTNING DESIGN
prof. art. Robert Majoroš

If you want to become a lighting designer who is an equal member of the artistic team rather than just an illuminator who follows the director's

instructions, this workshop is for you. Learn how to be proactive and how to anticipate the directors' visions by creating a lighting-based visual world on stage. After determining each participant's level of expertise, we would begin by familiarizing ourselves with the fundamental tools for lighting designs: types of light sources, their characteristics, and the significance of each when designing a show's lighting. We'll discover which lighting fixtures are „smart“ and which are „dumb“, as well as how to make smart use of even the „dumb“ ones. Fundamental aspects of light, such as color temperature and fidelity will be discussed, focusing on colors as one of the most effective tools for stage expression. Committing ourselves to the function of light, we will follow the path of the old masters and apply their teachings to the modern scene. Use of light according to theater genres will be analyzed in each ambient show of the festival, set in different locations (renaissance town squares, Austro-Hungarian fortresses, in front of modern swimming pools, etc.).

Robert Majoroš earned his Bachelor of Lighting Design from the Academy of Arts in Novi Sad, Serbia, with a thesis on “The Role of a Lighting Designer in Set Design,” and his Master of Audiovisual

Dramatic Art from the same institution with a thesis on "Lighting Design as Scenography." Currently, he is in his third year of the doctoral program. Since 2017, he has been working as an expert associate at the Academy of Arts in Novi Sad at the Lighting Design Module. He is a resident lighting designer in several theaters in Serbia, Hungary and Slovakia. He previously worked on technical aspects of lightning as lightning technician at the National Theater in Novi Sad, and was engaged in procurement of lighting equipment for several theater and television studio. In addition to his theater work, he also works with ambient lightning at theatrical outdoor and musical festivals and events, such as Exit and Love Fest, and designs lights for number of museum permanent settings and exhibitions.



TRACK III: workshops for students of psychology and everybody who wants to improve their self-care and self awareness

DRAMATHERAPY AND IDENTITY **Anna Seymour**

„King Lear asks, 'Who is it that can tell me who I am?' (King Lear, Shakespeare Act 1 Scene 4) This poignant question is one that troubles us all at different times in our lives as we are jostled into adopting positions, playing parts and acting out scripts that may or may not be of our own choosing. This practical workshop will raise some questions about the nature of identity within the contemporary climate, acknowledging how difference can be used to divide us whereas theatre has the potential to bring us together. It will include the opportunity to work in an embodied way with some short pieces of text within the containment of a Dramatherapeutic approach.

Anna Seymour PhD, PFHEA HCPC registered Dramatherapist is Emeritus Professor of Dramatherapy at the University of Roehampton, London and a Principal Fellow of the Higher Education Academy. She is Visiting Professor, Università Cattolica del Sacro Cuore, Milan, Honorary member of the Società Professionale di Dramaterapia (Italy) and an international trainer and



consultant across the world. She has a background in professional theatre with and for working class communities and was associated with more than 30 shows, devising, directing and performing work. She has trained in two physical theatre forms : Commedia dell'Arte in France (with John Rudlin) Italy (with Antonio Fava) and Biomechanics (with Gennadi Bogdanov, Moscow). As an academic she has taught theatre praxis and given lecture series in the Drama departments of several leading UK universities including the Universities of Manchester and Birmingham. Her research interests bring together Marxist ideas, therapy and theatre in the contemporary setting of political activism. Former Editor of the British Association of Dramatherapists peer reviewed journal, Dramatherapy, she is Senior Series Editor, Dramatherapy: Approaches, relationships, critical ideas - Book Series - Routledge & CRC Press.



**EAT HEALTHY OR DIE, Panel Assoc.
prof. Ana Kurtović, PhD and Daniela
Čačić Kenjerić, PhD, tenure prof.**

In recent decades there has been an increasing focus on healthy life styles, which, among other things, entails a healthy and balanced nutrition. With the growing body of knowledge there has also been an increase in availability of information about nutritional value of certain food, their effects on weight, metabolism and overall health. However, alongside the growing availability of information and focus on nutrition, there is a growing number of distorted, misleading or completely incorrect information, especially on social media. These kinds of information can have significant negative effects on someone's health, and adolescents are especially at risk. Studies show that social media use is linked to many mental health problems, including symptoms of anxiety, depression, eating disorders and body dissatisfaction. In that aspect, the role of health influencers is particularly important, because they can have both positive and negative effects on wellbeing. Given that influencers are an important and often unavoidable part in the lives of youth, it is of key importance to develop mechanisms that will decrease the risk and increase



the benefits of following nutrition related content on social media.

PHOTO ART THERAPY

Mark Wheeler

Photography as Healing
Photography as Action
Photography as Therapy
Photography for Change

Mark Wheeler, MA, SRATH, FRPS will guide you through a comprehensive program that combines theory, practical exercises, and discussions, to explore the creative potential and practical applications of photography in creative and therapeutic settings. Participants will actively engage in a Behavioural Activation Therapeutic Photo Walk, with opportunities to share insights and reflections. The Psychological Aesthetics and Phenomenology of Photographs will be explored during the exercise: Using an Existing Photograph as an Imaginal Target to explore our encounters with photographs in a genuinely non-verbal way. No prior experience in phototherapy or therapeutic photography is necessary. Your own smartphone or digital camera or instant camera will be needed. By the end of the workshop, you will have considered many aspects of working for change with a camera, whether

that is therapeutic, social action, self-development, improved mental health, or use in your working practice in settings from education to hospitals. To practice as safely as possible, aspects considered will include risk assessment, ethics, safe settings/locations, diversity & intersectionality, exclusion & inclusion, maintaining motivation, setting and measuring goals, learning from our clients/students/patients/audience and taking a one-down position. We will all achieve a deeper understanding of the impact of photography on our lives

Mark Wheeler MA Art & Psychotherapy, BA Photographic Studies, PGDip Art Therapy, PGDip Systemic Practice, PGDip Families & Couples, SRATH, FRPS. Mark is a Registered Art Psychotherapist now based in Scotland. Mark worked in specialized in Child & Family Therapy in the UK National Health Service, working with children and families for over 30 years after a period of delivering analog therapeutic photography to a therapeutic community. Mark was the first British photography graduate to qualify and register as an Art Therapist. He developed techniques using photographs in individual psychotherapy and family therapy, which he has taught to professionals in many mental health and care settings. Additional training enabled Mark to develop narrative and

systemic approaches to working with photos alongside psychodynamic and attachment models. Mark has been honoured with awards including the inaugural Diamond Phototherapy Award, a civic medal in Italy, and the Fellowship of the Royal Photographic Society (FRPS) for his work examining the psychological aspects of creating and viewing photographs after previously being awarded the Associateship of the Royal Photographic Society (ARPS) for his analog photography. Mark remains a committed photographer from the analog to the iPhone.



CREATING A PERSONAL MYTH
prof. Timea Marušić Hren i assoc.
prof. Darko Hren

„What I think is that a good life is one hero journey after another. Over

and over again, you are called to the realm of adventure, you are called to new horizons. Each time, there is the same problem: do I dare? And then if you do dare, the dangers are there, and the help also, and the fulfillment or the fiasco. There's always the possibility of fiasco. But there's also the possibility of bliss." (Joseph Campbell)
Number of participants: 10-20
Language: Croatian or English (workshop will be held in English if any participants do not speak Croatian).

This year's workshops are based on the Hero's Journey—a sequence of universal thresholds common to mythic stories across time and cultures. Joseph Campbell described the Hero's Journey in his seminal work *The Hero with a Thousand Faces*, connecting Jungian depth psychology, comparative mythology, and world literature. During these four days, we will move from everyday and ordinary to extraordinary, identifying personal challenges, desires, and questions and searching for ways to deal with them. We will move through the land of dreaming and mythology, meeting the personal hero and creating the personal myth. To quote J.R.R. Tolkien, the ultimate master of adventure, we will go "there and back again." This workshop will be an ongoing four-day process for a closed group of participants. Each day's



workshop is a new step based on the previous one. That's why it is essential that the participants commit to all four workshops and that new ones don't drop in. The workshops are based on Gestalt Psychotherapy and Expressive Art Therapy principles. Gestalt therapy centers on awareness, guiding us to the present moment and conscious responses, rather than automatic reactions. This approach, rooted in humanistic psychology, views individuals as active and creative, constantly interacting with their environment. Healthy functioning occurs when contact with the environment is fluid and adaptable, allowing for need satisfaction and personal growth. Problems arise when past, rigid responses are repeated in new situations without conscious choice. Present-moment awareness, therefore, is crucial for understanding our bodily sensations, feelings, and thoughts, and their interconnectedness. This revitalizes our connection with ourselves and our surroundings, expanding behavioral and experiential possibilities. Expressive art therapy complements this by using various art forms to bypass cognitive blocks and access the unconscious. Through movement, painting, or sound, it fosters authentic self-expression, leading to well-being. Creative acts unlock unconscious

aspects, bringing them into conscious awareness and offering new insights. This process helps navigate difficult emotions, providing a clearer self-understanding. By harmonizing internal parts, expressive art therapy expands our behavioral repertoire. It uses Gestalt conversation techniques, Jungian symbolism, and dream work, reaching below to the pre-verbal experiences, where foundational understandings of reality reside. Timea Marušić Hren graduated from the Faculty of Philosophy in Zagreb (Study of phonetics and general linguistics). For more than 35 years, I have been working with children and adults on speech development, teaching them to read and to write and with people who experience various difficulties in life. Using different forms of creative expression (dance, drumming, painting, mobile art, the art of batik...) in my personal life, I have seen how effective they are and started to apply them in my work with clients, regardless of whether it is a child who does not have developed speech at the age of three, about a child who learns to read and write more slowly, about a child who feels afraid or about a teenager who is anxious or has obsessive thoughts. The creative act is relaxing, leading into the spaces of the unconscious and bringing new insights. I completed education in reality therapy and choice theory, in expressive art therapy, and





EMDR (eye movement desensitization and reprocessing) therapy. Darko Hren completed Gestalt education at the Institut für Integrative Gestalttherapie in Würzburg (IGW). I am a psychologist and a Professor at the Faculty of Humanities and Social Sciences at the University of Split. At the same time, I am a psychotherapist, trainer, supervisor, and co-leader of a four-year Gestalt therapy training in Split organized by the IGW Zagreb Center. I first encountered Gestalt more than 25 years ago. During that period, in addition to my academic engagement, I gathered practical experience working individually and in groups with people who suffer from neurotic difficulties or existential crises, addicts, students, and groups of people with psychological disorders. I use artistic expressive modalities such as music, dance, drama, and artistic expression, which I practice personally, as well as in psychotherapy and group work. I am a member of the European Association for Psychotherapy (EAP) and the European Association of Gestalt Therapy (EAGT).



LITTLE CHANGES – LARGE EFFECTS **assoc. prof. Ana Kurtović, PhD**

Individual psychological counselling

Life events, circumstances or simply a fast-paced life rhythm continuously place demands and challenges on everyone. Although we might have numerous resources which help us deal with everyday challenges, self-care, peace and wellbeing can often be neglected. At individual counselling, we will analyze pressures and challenges in one's life and tools they use for dealing with them. Afterwards, we will explore opportunities for change or learning of new tools that could empower a person or improve their wellbeing, in a way that is meaningful in the context of their lives.

Assoc. prof. Ana Kurtović (1978) was born in Osijek. She graduated from the Department of Psychology of the Faculty of Humanities and Social Sciences of the University of Rijeka, and received her Master and PhD degrees from the Department of Psychology of the Faculty of Humanities and Social Sciences in Zagreb. She completed additional courses in Cognitive-behavioural therapy, Acceptance and commitment therapy, Therapy focused on compassion and Schema therapy. Since December 2003, she has



been employed at the Department of Psychology of the Faculty of Humanities and Social Sciences of Josip Juraj Strossmayer University of Osijek, where she teaches courses in Clinical psychology, Disability psychology and Communication skills. Her area of interest refers to clinical psychology, psychotherapy and counselling, as well as risk and protective factors of mental health. She is a member of several professional associations (Croatian Psychological Chamber, Croatian Psychological Association, Osijek Psychologist Association, HUBIKOT – Croatian Association for Behavioural Cognitive Therapy). She also serves as counsellor at the Psychological Counselling Centre for students, Josip Juraj Strossmayer University of Osijek.



TRACK IV: workshops for children and students of pedagogy

PUPPET MAKING AND FINE ART WORKSHOP

Kata Kiso Palocsay, PhD and Assist. Prof. Art. Breza Žižović

“Walking into a room with a doll sitting on the sofa makes you feel like you’re not quite alone. It has accompanied our ancestors through the ages. We find it in the catacombs, just as we find it today on the walls of cars lit by electricity. We believe in it with the same stubborn infant cunningness as the caveman. Without this hidden, sly faith, it would be impossible to explain why the puppet theater moves us with





such elemental magic, where the little figures – these little idols and fetishes of our immortality – literally come to life, speak and sing. This type of theater is older than any permanent theater. Mankind played with it in its infancy. (...) Please observe these puppets. In many ways, they are different from humans. They are weak and clumsy, but that is the weakness and clumsiness of art, which does not tolerate what is so well-rounded and complete. The real-life actor fidgeting on stage often disappoints me, my imagination is held captive by his very defined and pronounced quality of being human. Here my imagination is free to roam, like when I read stories in my room at home and dream up sketchy characters in the windows. Another excellent feature of these puppets is that they are not alive. They can therefore represent life independently of everything.” (Dezső Kosztolányi - poet) The magical life of socks. Creative craft workshop making puppets using recyclable materials and objects. Come, let's dream, create and play together!

Kata Kiso Palocsay, specializes in puppet theatre. She is a puppet actress, puppet director and puppet creator. She received her PhD in theater, at the University of Arts in Tg. Mureş. Her

research is focused on puppetry. She played in several theater and puppet plays, directed several plays for puppet theater and created several scenography for puppet theater. She participated in several theater and puppet theater festivals; she was awarded several times. She was invited several times to the radio and TV studios. She teaches courses on speech and puppetry.

FINE ART WORKSHOP
„COPPER COIN“
Assist. prof. Art. Breza Žižović

Participants: children 5-12 years old
When the wind blows and the storm comes over the world, the tree will not fly away, because its roots are strong. If we go far into the past, we will try to find out who lived in the places where we live today. Copper coins have been found in this place. Why is the discovery of copper coins so important? What do children think about it? Is it important for them to know who lived before them? Do they think it is important for their future? What will some future archaeologists find behind us? We will analyze the coins and what was on the old coins. There were always emperors on the coins. Why? What is on the coins today? If they were to decide, who would be shown on the

coins. At the art workshop children will create coins in copper foil.

Breza Žižović was born in Pula in 1973. She completed elementary and secondary education in Pula and enrolled the Primary Teacher Education study at the Faculty of Pedagogy in Pula. After completing the study, she obtained a degree of Primary School Teacher. After graduating from the Faculty of Pedagogy, she continued 2-year programme in Painting and 1-year programme in Technique of Old Graphics at Scuola Internazionale di Grafica in Venice. In 1994, she enrolled the 4-year programme at the College of Visual Arts in Ljubljana from which she obtained a degree of a painter. Until 2003, she lived in Ljubljana and worked in the National Gallery and in Šentjakobsko Gledališče. In 2003, she returned to Pula and worked in the Istrian National Theater as a scene designer and in elementary schools in Vodnjan, Fažana, Vidikovac and Savičenta as a substitute art teacher. In 2008, she started working at the Faculty of Education of Juraj Dobrila University of Pula, as a lecturer of the following courses: Art Methodology, Extracurricular Art Activities, Dramatic and Stage Creation, Art Culture, Shape and Colour, and Puppetry and

Stage Culture. In 2011, she enrolled the 5th year of the study programme in Art Pedagogy at the Academy of Applied Arts in Rijeka, and obtained an academic degree of Master of Art Pedagogy. Up to present, she held 11 solo exhibitions, about 30 group exhibitions and created more than 40 scenographies (for Šentjakobsko Gledališče Ljubljana, the Ulysses Theater, the Istrian National Theater, the Naranča Theater, Monte Librić and the Ivan pl. Zajc Croatian National Theater, the Puppet Theater Zadar, the Fort Forno Theater, the Gandusio Theater).



TRACK V: food, cosmetics and health - additional workshops for all interested

STEP INTO THE WORLD OF HERBAL REMEDIES AND NATURAL COSMETICS

**prof. Stela Jokić, PhD and Ema Pavičić, mag. pharm.
Practical workshop**

Workshop duration: 120 minutes
Participants: elderly/pupils/students

To be able to step forward into the future of the natural cosmetics and herbal remedies we need to take a step back to explore their roots. We will show you how to prepare your own body cosmetics including toothpaste, body scrub, lip balm and bath bombs from the natural materials reachable to each of you. Join us and use the opportunity to become the master of your own face vitality and glow, win the battle against pimples, provide your lips and body with the treatment they deserve, and above all, treat yourself with the best of nature. We look forward to take you on this journey!

Stela Jokić gained her higher education at the Faculty of Food Technology in Osijek (PTFOS). Today she is a

professor and Vice-Dean for Marketing and Business Cooperation of the same Faculty. She is a lecturer of few courses on all levels of studies at PTFOS, guest professor at the Faculty of Agriculture and Food Technology of the University of Mostar and Faculty of Tourism and Rural Development in Požega. She mentored 7 PhD theses, led 3 national scientific projects, 1 project financed from the EU funds, 3 university supported projects and 5 professional projects. She is also a member of the scientific board of the centre of excellence for BioProCro. She is editor of the Croatian Journal of Food Science and Technology. She has published about 200 scientific papers of which 130 in high impact journals. For her excellent work, she received many certificates, acknowledgements and awards.



Emma Pavičić, born in Osijek, graduated pharmacy magna cum laude at the Faculty of Pharmacy and Biochemistry, University of Zagreb in 2020. After graduation, her first employment was in public pharmacy, where she gained valuable experience in pharmaceutical care and patient counselling. Since September 2023, she works as an assistant at the University integrated undergraduate and graduate study of pharmacy whose holders are Faculty of Medicine and Faculty of Food Technology Osijek of the Josip Juraj Strossmayer University of Osijek. She is enrolled in doctoral studies of the Faculty of Pharmacy and Biochemistry, University of Zagreb, pharmacy study field. She actively participates on international scientific conferences and science popularization activities such as Night of Science and Science Festival.



INDIVIDUAL NUTRITIONAL COUNSELLING

prof. Daniela Čačić Kenjerić, PhD and Lidija Šoher, PhD

Estimated duration per person: 120 minutes; per appointment only

Dietary guidelines are general and should be easy to follow but each of us has its own unique lifestyle and different obligations. To enable adherence to dietary guidelines for each of us individual diet has to be joyful part of our life and not an obligation to fulfil. Through individual counselling by the use of SWOT analysis, we will try to help you to identify your strengths and weaknesses and to turn your weaknesses into your opportunities!

Daniela Čačić Kenjerić received her PhD at the University of Zagreb (2004). Today she is a tenured professor and Vice-Dean for Education and Students of the Faculty of Food Technology Osijek at the University of Osijek. Her main courses in education are Food science, Functional foods and supplements; Nutrition throughout the life cycle, Dietary assessment and nutritional epidemiology, Nutrition and sport; Weight reduction and personalized diets. She is a visiting professor at



the University of Mostar (BiH) and University in Tuzla (BiH). Scientific activity includes dietary assessment of various population groups in Croatia and it is aimed to improve dietary habits and health status of public in Croatia. She took part in over 50 international and national scientific conferences and authored/co-authored more than 50 published scientific papers. She has taken part in the realization of 2 international projects, 3 national scientific projects and 5 professional projects. She is a national representative member of the European Food Safety Authority (EFSA) Scientific Network on Food Consumption Data.

graduated with honours in December 2016. She completed the Doctoral study in Food Technology and Nutrition, specializing in Nutrition, at the same faculty in July 2024. Since then, she has worked as a senior assistant at the sub-department of Nutrition. Her scientific interests are focused on the study, improvement and use of various tools in assessing nutrition quality and nutritional needs of specific groups, as well as on nutritional education aimed at improving dietary habits and nutritional status. She actively participates in science popularization activities such as Science festival, Night of science or Researcher's Night by designing and organising workshops for both kids and adults.

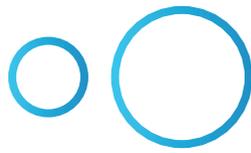


Lidija Šoher, born March 12, 1989, in Kutina, was enrolled in Master's program Nutrition and food science at the Faculty of Food Technology Osijek in September of 2014 from which she





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TRACK I: Workshops for students of acting

21st Sept 2025 SUNDAY	22nd Sept 2025 MONDAY	23rd Sept 2025 TUESDAY	24th Sept 2025 WEDNESDAY	25th Sept 2025 THURSDAY	26th Sept 2025 FRIDAY
	9:00 - 10:45 MASTERCLASS IN CASTING Anila Gajević (Bembo Castle)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)
ARRIVAL	11:00 – 13:00 FREEDOM OF THE ACTOR Andreas Hathazi (Bembo Castle)	10:00 -13:00 INTRODUCTION INTO PLAYBACK THEATRE Anamarija Vuić (Cinema Hall Bale)	10:00 -13:00 INTRODUCTION INTO PLAYBACK THEATRE Anamarija Vuić (Cinema Hall Bale)	10:00 -13:00 INTRODUCTION INTO PLAYBACK THEATRE Anamarija Vuić (Cinema Hall Bale)	10:00 -13:00 INTRODUCTION INTO PLAYBACK THEATRE Anamarija Vuić (Cinema Hall Bale)
18:00 EXHIBITION OPENING: "Traces of Us: Mirror to the World" "Croatian art therapy association - HART" (TZ Bale)		15:00 – 18:00 MUSICAL THEATRE TRENT BLANTON /JAYME HOST / REBECA SIMONS (CINEMA HALL BALE)	15:00 – 18:00 MUSICAL THEATRE TRENT BLANTON /JAYME HOST / REBECA SIMONS (CINEMA HALL BALE)	15:00 – 18:00 MUSICAL THEATRE TRENT BLANTON /JAYME HOST / REBECA SIMONS (CINEMA HALL BALE)	15:00 – 18:00 MUSICAL THEATRE TRENT BLANTON /JAYME HOST / REBECA SIMONS (CINEMA HALL BALE)
19:30 OPENING CEREMONY Workshops and lecturers introduction (Saltwater Oasis Event Hall, Mon Perin)	19:30 EAT HEALTHY OR DIE Panel Ana Kurtović Daniela Čačić Kenjerić (Saltwater Oasis Event Hall, Mon Perin)	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 WORKSHOPS OUTPUT PRESENTATIONS AND CLOSING CEREMONY (SALTWATER OASIS EVENT HALL, MON PERIN)



TRACT II: workshops for students of theatre and visual arts

21st Sept 2025 SUNDAY	22nd Sept 2025 MONDAY	23rd Sept 2025 TUESDAY	24th Sept 2025 WEDNESDAY	25th Sept 2025 THURSDAY	26th Sept 2025 FRIDAY
ARRIVAL	10:00 – 13:00 DISCOVERING THE UNNOTICEABLE Robert Geček (Town Bale and Sports Hall)	CREATIVE WRITING Dragan Komadina Individual psychological counselling per appointment only (Mont Perin Camp)	CREATIVE WRITING Dragan Komadina Individual psychological counselling per appointment only (Mont Perin Camp)	CREATIVE WRITING Dragan Komadina Individual psychological counselling per appointment only (Mont Perin Camp)	CREATIVE WRITING Dragan Komadina Individual psychological counselling per appointment only (Mont Perin Camp)
18:00 EXHIBITION OPENING: "Traces of Us: Mirror to the World" "Croatian art therapy association - HART" (TZ Bale)		18:00 - 19:00 & 21:00 – 22:00 LIGHTNING DESIGN Robert Majoroš (locations of evening performances)	18:00 - 19:00 & 21:00 – 22:00 LIGHTNING DESIGN Robert Majoroš (locations of evening performances)	18:00 - 19:00 & 21:00 – 22:00 LIGHTNING DESIGN Robert Majoroš (locations of evening performances)	18:00 - 19:00 & 21:00 – 22:00 LIGHTNING DESIGN ROBERT MAJOROŠ (LOCATIONS OF EVENING PERFORMANCES)
19:30 OPENING CEREMONY Workshops and lecturers introduction (Saltwater Oasis Event Hall, Mon Perin)	19:30 EAT HEALTHY OR DIE Panel Ana Kurtović and Daniela Čačić Kenjerić (Saltwater Oasis Event Hall, Mon Perin)	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 WORKSHOPS OUTPUT PRESENTATIONS AND CLOSING CEREMONY (SALTWATER OASIS EVENT HALL, MON PERIN)



TRACK III: Workshops for students of psychology and everybody who wants to improve their self-care and self-awareness

21st Sept 2025 SUNDAY	22nd Sept 2025 MONDAY	23rd Sept 2025 TUESDAY	24th Sept 2025 WEDNESDAY	25th Sept 2025 THURSDAY	26th Sept 2025 FRIDAY
		9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)	9:00 – 10:00 IDENTITY IN DANCE AND MOVEMENT Sanela Janković (Sports Hall)
ARRIVAL		10:00 – 13:00 PHOTO ART THERAPY Marc Wheeler (Sports Hall)	10:00 – 13:00 PHOTO ART THERAPY Marc Wheeler (Sports Hall)	10:00 – 13:00 PHOTO ART THERAPY Marc Wheeler (Sports Hall)	10:00 – 13:00 PHOTO ART THERAPY Marc Wheeler (Sports Hall)
	15:00 – 18:00 DRAMATHERAPY AND IDENTITY Anna Saymour (Cinema Hall Bale)	15:00 – 18:00 CREATING A PERSONAL MYTH Timea Marušić Hren / Darko Hren (Sports Hall)	15:00 – 18:00 CREATING A PERSONAL MYTH Timea Marušić Hren / Darko Hren (Sports Hall)	15:00 – 18:00 CREATING A PERSONAL MYTH Timea Marušić Hren / Darko Hren (Sports Hall)	15:00 – 18:00 CREATING A PERSONAL MYTH Timea Marušić Hren / Darko Hren (Sports Hall)
18:00 EXHIBITION OPENING: "Traces of Us: Mirror to the World" "Croatian art therapy association - HART" (TZ Bale)		LITTLE CHANGES – LARGE EFFECTS Individual psychological counselling per appointment only (in English) Ana Kurtović	LITTLE CHANGES – LARGE EFFECTS Individual psychological counselling per appointment only (in English) Ana Kurtović	LITTLE CHANGES – LARGE EFFECTS Individual psychological counselling per appointment only (in English) Ana Kurtović	LITTLE CHANGES – LARGE EFFECTS Individual psychological counselling per appointment only (in English) Ana Kurtović
19:30 OPENING CEREMONY Workshops and lecturers introduction (Saltwater Oasis Event Hall, Mon Perin)	19:30 EAT HEALTHY OR DIE Panel Ana Kurtović and Daniela Čačić Kenjerić (Saltwater Oasis Event Hall, Mon Perin)	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 WORKSHOPS OUTPUT PRESENTATIONS AND CLOSING CEREMONY (SALTWATER OASIS EVENT HALL, MON PERIN)



TRACK IV: Workshops for children and students of pedagogy

21st Sept 2025 SUNDAY	22nd Sept 2025 MONDAY	23rd Sept 2025 TUESDAY	24th Sept 2025 WEDNESDAY	25th Sept 2025 THURSDAY	26th Sept 2025 FRIDAY
ARRIVAL		9:00 – 12:00 PUPPET MAKING AND FINE ARTS WORKSHOP Kata Kiso Palocsay / Breza Žižović (Primary School)	9:00 – 12:00 PUPPET MAKING AND FINE ARTS WORKSHOP Kata Kiso Palocsay / Breza Žižović (Primary School)	9:00 – 12:00 PUPPET MAKING AND FINE ARTS WORKSHOP Kata Kiso Palocsay / Breza Žižović (Primary School)	9:00 – 12:00 PUPPET MAKING AND FINE ARTS WORKSHOP Kata Kiso Palocsay / Breza Žižović (Primary School)
18:00 EXHIBITION OPENING: "Traces of Us: Mirror to the World" "Croatian art therapy association - HART" (TZ Bale)					
19:30 OPENING CEREMONY Workshops and lecturers introduction (Saltwater Oasis Event Hall, Mon Perin)	19:30 EAT HEALTHY OR DIE PANEL ANA KURTOVIĆ AND DANIELA ČAČIĆ KENJERIĆ (SALTWATER OASIS EVENT HALL, MON PERIN)	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 WORKSHOPS OUTPUT PRESENTATIONS AND CLOSING CEREMONY (SALTWATER OASIS EVENT HALL, MON PERIN)



TRACK V: Food, cosmetics and health, additional workshops for all interested

21st Sept 2025 SUNDAY	22nd Sept 2025 MONDAY	23rd Sept 2025 TUESDAY	24th Sept 2025 WEDNESDAY	25th Sept 2025 THURSDAY	26th Sept 2025 FRIDAY
ARRIVAL	10:00 - 12:00 Group 1 & 13:00 - 15:00 Group 2 STEP INTO THE WORLD OF HERBAL REMEDIES AND NATURAL COSMETICS Stela Jokić and Ema Pavičić (Paleo Water Park)	INDIVIDUAL NUTRITIONAL COUNSELLING Daniela Čačić Kenjerić and Lidija Šoher Individual counselling per appointment only (Mont Perin Camp)	INDIVIDUAL NUTRITIONAL COUNSELLING Daniela Čačić Kenjerić and Lidija Šoher Individual counselling per appointment only (Mont Perin Camp)	INDIVIDUAL NUTRITIONAL COUNSELLING Daniela Čačić Kenjerić and Lidija Šoher Individual counselling per appointment only (Mont Perin Camp)	INDIVIDUAL NUTRITIONAL COUNSELLING Daniela Čačić Kenjerić and Lidija Šoher Individual counselling per appointment only (Mont Perin Camp)
18:00 EXHIBITION OPENING: "Traces of Us: Mirror to the World" "Croatian art therapy association - HART" (TZ Bale)					
19:30 OPENING CEREMONY Workshops and lecturers introduction (Saltwater Oasis Event Hall, Mon Perin)	19:30 EAT HEALTHY OR DIE PANEL ANA KURTOVIĆ AND DANIELA ČAČIĆ KENJERIĆ (SALTWATER OASIS EVENT HALL, MON PERIN)	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 EVENING PERFORMANCES	19:30 WORKSHOPS OUTPUT PRESENTATIONS AND CLOSING CEREMONY (SALTWATER OASIS EVENT HALL, MON PERIN)





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